

Routine Cleaning, Sanitization and Disinfection of Wrestling Mats Using Opti-Cide³ Solution with Microfiber Cleaning Materials

Certain microscopic organisms are readily transmitted via environmental surfaces. This is commonly referred to as “environmental cross-contamination”.

Wrestling mats present a unique opportunity for the environmental cross-contamination of certain infectious agents including Trichophyton mentagrophytes (the causative fungus of Ringworm and athlete's foot), Staphylococcus bacteria (including the antibiotic resistant strain, MRSA) and Streptococcus bacteria (a known cause of Impetigo), Herpes simplex virus, Hepatitis viruses and others.

For this reason it is prudent for mats to be routinely and appropriately cleaned and sanitized between each match and at the end of the tournament and prior to storage, terminally disinfected.

Sanitization

Between each individual match, sanitize the mat contact surface using **Opti-Cide³** Disinfection / Sanitization Solution applied via a microfiber mop pad and allow the surface to air dry. If the mat surface is still damp after 10 seconds, and if desired to expedite drying, simply wipe the surface dry using a clean towel or dry mop pad.

Terminal Disinfection

At the end of each tournament day and prior to storing the mats, each mat should be thoroughly disinfected using the **Opti-Cide³** Disinfectant Solution. **Opti-Cide³** solution should be applied so that the surface is thoroughly drenched with solution and allowed to remain wet at for at least 2 minutes. Follow by wiping away excess solution along with soil and killed microorganisms using a clean towel or microfiber mop and allow to air dry. Mops and towels intended for this purpose should be reserved for this purpose only and appropriately laundered between uses.

Storage

If the mats are picked up and stored in a hanging position, the mats should be positioned with the contact surfaces facing toward each other while the floor contact sides are positioned facing each other.

Optional Monthly Maintenance

Like all soft surfaces, mats should be periodically wiped using a clean towel or microfiber mop dampened with plain cool water to remove any buildup of residual chemical. Monthly maintenance will assist to prolong the life of the surface material.